



## First 1000 Days Australia: Expression of Interest

**If you can answer YES to the following questions:**

**Do you have three or more generations in your family from both your mother's and father's line who are interested in being interviewed?**

**Does any or all of your family identify as Aboriginal and/or Torres Strait Islander?**

**Do you want to document your family's microbiome story?**

**Are you interested in designing educational resources for families?**

**Then we want to talk to you!**

### About the Project

First 1000 Days Australia at the University of Melbourne has been funded by the Lowitja Institute to work with 12 Aboriginal and Torres Strait Islander families to understand more about the *microorganisms* at home *in* and *on* our body – skin, gums and teeth, and especially the gut – known as your *microbiome*. We know that *Microbiome*, particularly those of the mother, are passed down to a baby at birth, which is why we want to talk to different generations of people in the same family. Great grandparents, grandparents, parents and children share microbiome. Some microbiome tell a story about how trauma gets passed to different generations, and some microbiome tell the intergenerational story of resilience. This project involves working with families to tell a family *microbiome story*.

It's about you and multiple generations of your family, having a say in *why* and *how* the collection and use of this microbiome story might take place. We will be using information from the 12 families to develop ethical guidelines including consent and cultural permissions. Your ideas and opinions will also help to produce an animation educating other families about microbiome and resilience. You will be paid for your time and will have a microbiome story of your own, and be acknowledged in the development of the resources for families.

**First 1000 Days Australia is pleased to inform you that the Expression of Interest (EOI) process for this important project has now opened. This process is a first step to participating in a family interview. The EOI will close on **August 17, 2018**.**

**You can submit your EOI by registering your interest with the Regional Implementation Managers, by email, through FaceBook Messenger through our FB page or by phone. *We encourage you to talk with members of your family before making a submission.* Please copy and paste the following information and send back to us, or phone it in!**

**Subject line: Microbiome Story**

Dear First 1000 Days Australia,

Our family are interested in being interviewed to help understand more about the microbiome story for our family

Our children's names are: (age)

Our names are: (age)

Our parent's names are: (age)

We live in (which region) and can be contacted (by phone, by email or by address)

We are available for interview in (which month, August, September or October)

We have spoken to members of our family and they are happy to participate

Please contact us (on which days at which time) to talk through the next steps and to see if we are eligible

Thank you

Name Address and Contact

If you have further questions, please contact your local First 1000 Days Australia Regional Implementation Manager or Dr Sharon Huebner at the University of Melbourne's Indigenous Health Equity Unit, Melbourne School of Population and Global Health – [s.huebner@unimelb.edu.au](mailto:s.huebner@unimelb.edu.au) (03) 90357525 or 0412 322 483

Thanks to All

Kerry Arabena, Executive Director First 1000 Days Australia  
Director, Indigenous Health Equity Unit, University of Melbourne

**Relevant Links:**

- <https://www.lowitja.org.au/first-peoples-ethics-protocols>
- <http://www.first1000daysaustralia.org.au/first-1000-days-australia>