

Aboriginal and Torres Strait Islander Research **Pathways**

A VISUAL RESOURCE FOR **MAPPING PATHWAYS INTO CAREERS IN HEALTH RESEARCH**

There are many directions you can take when you think about a pathway into research. A good start is thinking about who you are, what you bring, why you want to do research, what barriers you face, and how you see your role in research. Answering these questions will make your individual pathway a lot clearer.

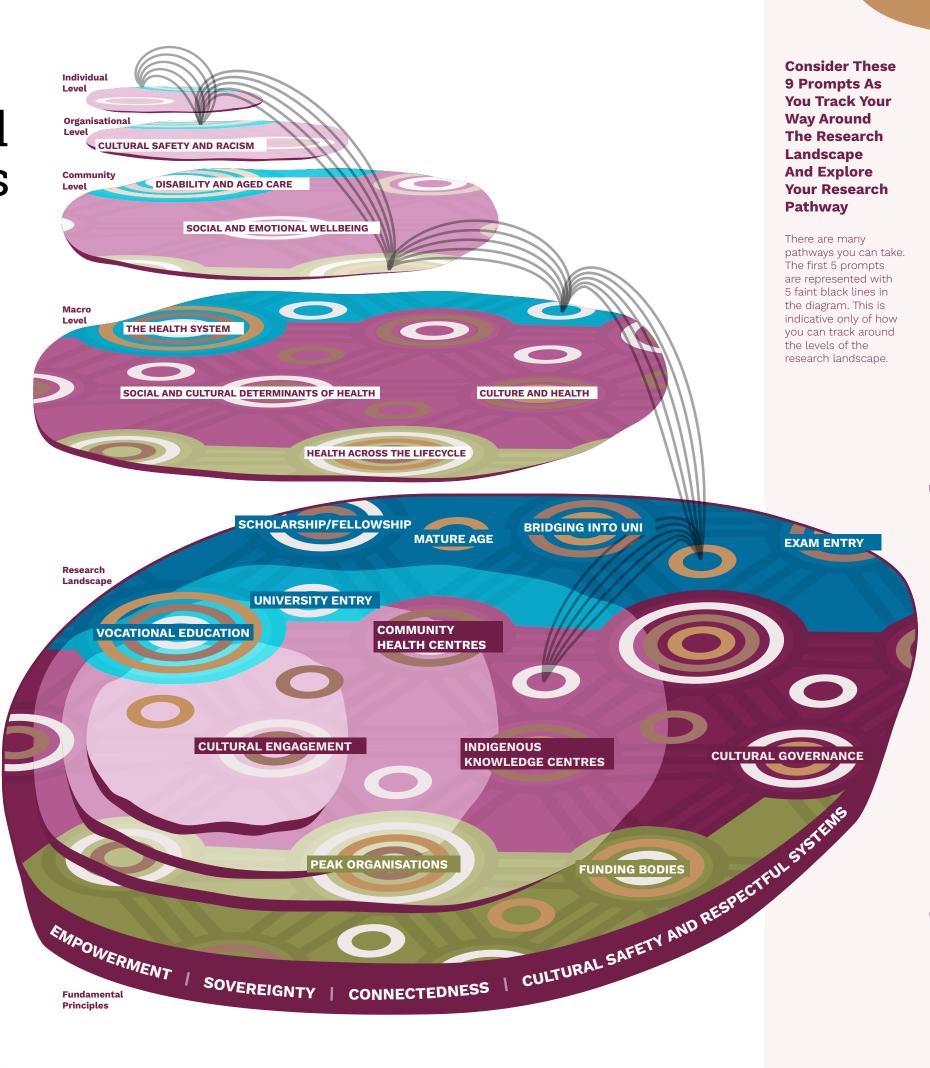
research landscape where you might consider doing research work with people in education centres, communities, organisations and governments. The research could be in education, clinical, service and cultural spaces. The fundamental principles that nurtures this landscape are Empowerment, Sovereignty, Connectedness, Cultural Safety and Respectful Systems.

The next step would be to look at the

Now you understand the research landscape, you might consider your interests. For example: quality of life topics, the health system more broadly, or topics specific to Aboriginal and Torres Strait Islander people. You can think of these topics at an individual, organisational, community or macro level. Each of these levels offers the opportunity for you and your research to succeed.

Enjoy considering the 9 prompts shown here as you track your way around the research landscape and explore your research pathway!

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(1) WHO I AM

• Aboriginal and Torres Strait Islander Identities · Intersectional identities

(2) WHAT I BRING

• Connections

• Living in two worlds

· Leadership and advocacy

(3) WHY I RESEARCH

• To be a role model

• Advocacy and leadership, self-determination

· Holistic approach to health

4 WHAT I FACE

· Pressure and expectations to be a role model

Disrespect and inequity

HOW I SEE MY ROLE IN RESEARCH

• Community role

· Leadership role

• Connection to identity role

· Family commitment role

· Transition community to university role

· Health professional role

Research navigator role

WHERE I SEE MYSELF ON A RESEARCHER LANDSCAPE



A researcher career in the education space

• A researcher career in the clinical space

• A researcher career in the service space

• A researcher career in the cultural space

A combination

WHO I WANT TO RESEARCH WITH ON THE **RESEARCH LANDSCAPE**

Research with education centres

Research with communities

Research with organisations and government

· A combination

WHERE MY RESEARCH IS FOCUSED AT INDIVIDUAL, ORGANISATIONAL, COMMUNITY AND MACRO LEVEL

Quality of life topics

· The health system

• Topics specific to Aboriginal and Torres Strait Islander people

(9) HOW CONDITIONS ENABLE MY RESEARCH ⊃• Individual level

• Strong professional boundaries

· Staff motivation and commitment

· Strong local leadership

· Community members

• Organisational level

Strong social and cultural systems

 Control of primary health care services • Community level

· Local ownership

• Strong social and cultural systems

· Control of primary health care services

Macro level

· National and international movements

· Self determination

· Community control

· Local and state government

Commitments

For more information please visit:

