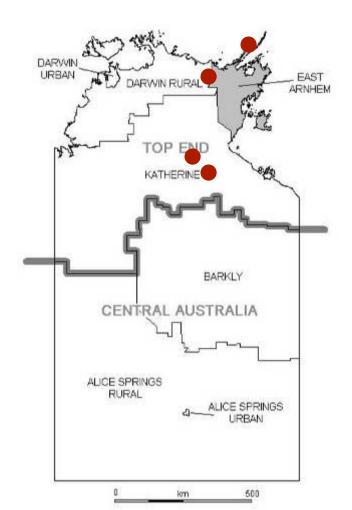


### Background to health promotion CQI

Research project & evidence base

# Improving Health Promotion through CQI Research Project





#### Research question:

Is the ABCD approach to CQI feasible in health promotion?

Worked with 4 community health centres

Top End NT

3 year study

## Project background

- Health promotion action in Indigenous communities inhibited by lack of infrastructure, support, training and resources
- Links between organisational capacity and service delivery.
- ABCD CQI model improving Indigenous PHC service systems and chronic illness care
- To improve health need comprehensive approach to PHC. Health promotion integral.
- Getting evidence into practice



### Study aim and objectives

#### Trial ABCD model in HP:

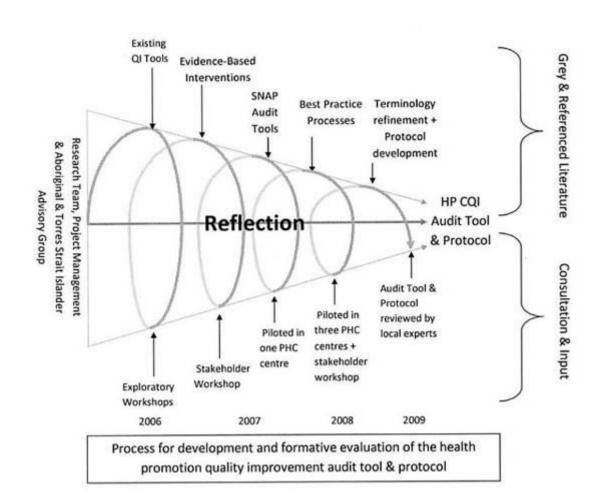
- Develop CQI tools
- Implement over 2 cycles
- Describe HP & Systems
- Describe changes over time
- Test feasibility of CQI for improving HP practice



## CQI tool development process



discovery for a healthy tomorrow



#### Some findings: challenges to HP CQI

- Limited understanding of health promotion... but growing understanding that HP strategies tackle social determinants of health.
- Clinical services take priority... but we know improving PHC services involves improvement in HP.
- Lack of records about health promotion activities... needs flexibility about what counts as HP records.
- Resources and staff time stretched ... But CQI process quarantines time; and good HP practice means shared responsibilities between partners.

# Health promotion CQI tools and resources: One21seventy

Pre-audit information sheet (HP)

**HP Audit tool** 

HP audit protocol

Pre-SAT information sheet (HP)

**HP Systems Assessment Tool** 

HP SAT scoring form

**HP** Audit report

Useful references for HP goal setting, planning and evaluation

