

Could you be a Self Management Star?

START

with an Adult Health Check

If the team find your results are not within normal ranges the appropriate referral can be made.

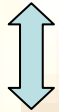
PLAHS

Chronic Disease Self Management Team

If you have a Chronic Condition, visit the clinic for a thorough assessment.

Community Services

Mental health, wellbeing



Eyes

Ophthalmology



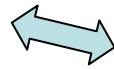
Feet

Podiatry



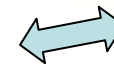
Teeth

Dentist



Doctors

Ongoing support



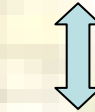
Ears

Audiologist



Nutrition

Dietician



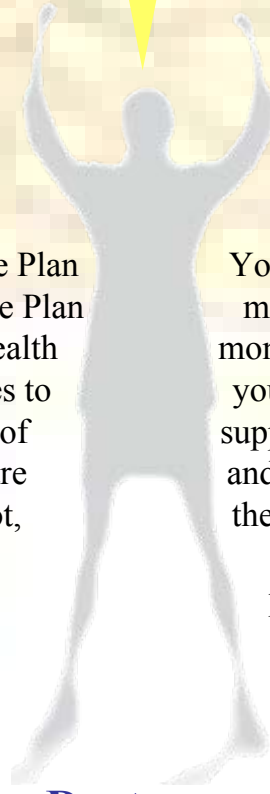
Diabetes

Diabetes Educator



Develop a 12 month Care Plan to suit your needs. A Care Plan brings together Allied Health Professionals and services to assist you to take charge of Your Health. Point of Care testing is done on the spot, so there's no waiting for pathology results.

You will also have a home medication review and 3 monthly checkups to review your progress and provide support. Set your own goals and targets, with help from the CDSM team, who will provide care in a professional manner.



It's all about you!

Make an appointment today for an Adult Health Check, a Care Plan could be right for you

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